

Meeting Highlights and Action Plan

Topic/ Presenter	Key Points	Action Items <i>Including Responsible Party/Timeline if applicable</i>
Attendees	AnnMarie Schmursal (Infant Vitality Coordinator, CCCHD), Keyah Robinson (WIC), Rani Masser (PRC), Gina Burke (FCFC), Valene Bednarczyk (WIC), Danielle Raines (Nurse Family Partnership), Caroline Quelette (CCHD), Helaina LeCaptain (Epidemiologist, CCCHD), Rebecca Swearingen (FYI), Nikki Stefanow (FYI), Lori Lambert (CCCHD), Hope Garcia (Mercy Health Birthing Center), Jeff Adkins (Amerihealth Caritas), Vince Carter (Health Equity Coordinator, CCCHD), Rochelle Smith (Caresource)	
Mission and Vision and centering moment	3:00- 3:05 pm	
Introductions and updates	3:05- 3: 20pm Roundtable introduction and updates	
Breakout into subcommittees	<p>3:20-4:00 pm</p> <p>Subcommittees complete plans outlined in Start Strong 2023-2025 strategic plan and brainstorm and prioritize plans for upcoming 2026-2028 cycle.</p> <p>Subcommittee #1 Preterm Birth Prevention and Preconception and 1st Trimester Health Present: Gina Burke, Rani Masser, Helaina LeCaptain, Jeff Adkins, Rochelle Smith, Danielle Raines, Caroline Quelette,</p> <p>Discussion: Planning development ensued. Reviewed current strategic plan and crossed through items to remove, circled items to continue and listed items to add.</p> <ul style="list-style-type: none"> Housing continues to be a problem for expectant moms. Start Strong SDOH data was sent to local HUD consolidated planning committee and 2 Start Strong members (AnnMarie Schmursal and Gina Burke) attended a Community HUD planning meeting 	

- There continues to be a lack of safe, affordable housing.
- Pregnant teens experience high rates of homelessness and being a teen disqualifies them from some shelters.
- Identified a need for local support groups or even playgroups for moms of young children/infants, and what role can we play in forming some type of group.

Subcommittee #2 Subcommittee 2&3 are now combined) Breastfeeding and Safe Sleep

Present: Keyah Robinson, Hope Garcia,), Valene Bednarczyk, Rebecca Swearingen, Lori Lambert,

Discussion: 2026-2028 Planning development ensued. Reviewed current strategic plan and crossed through items to remove, circled items to continue and listed items to add.

- Continued shortage of local lactation providers. There are community members voicing a desire to become certified; but time and money are barriers to obtaining and maintaining certification.
- Is there an opportunity to provide free CEUs and training support?
- Adding education clips covering breastfeeding and safe sleep in waiting rooms and need time and money to develop clips.
- Have identified frequent misconception of the normal volume of milk supply in the first 10 days of life. There is also a need for breastfeeding education through infant development (such as teething).
- Continued need for community culture shift and acceptance of BF as the nutritive norm.
- The Birthing Center is completing steps to become Cribs for Kids Safe Sleep certified. They have a safe sleep environment on display in the birthing center.

Subcommittee #3 Fatherhood and Health Equity.

Present - Nikki Stefanow, Vince Carter

Discussion:

- Reviewed strategic plan
 - Checked off things completed
 - Circled items still needing work
 - Stuck on identifying barriers as still not getting enough surveys for good data collection
 - Goal to have 100 surveys by year end to prompt next level strategic planning
 - Crossed out items no longer applicable
- Discussed appropriate email explanation to send to community partners and docs to share dad survey with QR code link
 - Vince & Nikki will work on together along with what should go on flier to distribute
 - Nikki - send fatherhood research info to Vince
- Action when email & flier are complete

	<ul style="list-style-type: none"> ○ Nikki will send to PRC, labor & delivery at Mercy, & Ob/Gyn list ○ Vince will send to Health Dept, Rocking Horse, NAACP ○ Tom send to churches on contact list for dad groups & JFS? <ul style="list-style-type: none"> ■ Restoration Park Church ■ High Street Nazarene ■ Beacon Street CCCU ■ First Christian ○ Sean send to Family Support Specialists? <ul style="list-style-type: none"> ● Discussed Fatherhood initiative moving forward in 2026 ○ Vince take the lead for the next strategic plan? ○ Tie in fatherhood to each of the other groups to ensure updates on website? 	
	Next meeting: July 14 at CCCHD on HOME Road	