## Start Strong Minutes February 10 2025

# **Meeting Highlights and Action Plan**

Topic/ Presenter	Key Points	Action Items Including Responsible Party/Timeline if applicable
Attendees	Gina Burke (FCFC), Rani Masser (PRC), Danielle Raines (HMG NFP), Tom McGrath (JFS), Emily Parsons (Project Woman), Chelsea Sowatskey (Project Woman), Isabel Hysing (WIC), Carolyn Young (Mercy Health), Carole Cowles (FYI), Caroline Quelette (CCCHD), Keyah Robinson (WIC), Lori Lambert (ECD-CCCHD), Sandy Miller (CCCHD), Vince Carter (CCCHD), Elise Brown (Mercy Health), Natalie Driscoll (United Way), Nikki Stefanow (FYI), Rebecca Swearingen (FYI), Marcy Ivory (Mercy REACH), Rochelle Smith (Caresource), Jeffrey Adkins (Amerihealth Caritas), Hope Garcia (Mercy Health), AnnMarie Schmersal (CCCHD)	
Meeting start and stop time	3:00 pm, 4:15.	
Mission and Vision and centering moment	AnnMarie opened with a review of mission and vision and one minute centering moment. January minutes were approved by Carolyn Young and second by Sandy Miller.	
Introductions	Brief roundtable introductions occurred.	
Breakout into subcommittees	Subcommittees work on plans outlined in Start Strong 2023-2025 strategic plan.  Subcommittee #1 Preterm Birth Prevention and Preconception and 1st Trimester Health. Discussed priorities for upcoming cycle/ strategic plan renewal to include:  • Non-English speaking population: Health classes in their language, help with transportation, more liaisons, distribute education and information strategically such as in restaurants, grocery stores, radio station, PRC, RHC, CCCHD, St. Vincent's, churches that have HC and Spanish, literacy center, WIC lobby. Continue community English classes at literacy center and St. Vincents.  • Early pregnancy identification and referrals	
	Subcommittee #2 (Subcommittee 2&3 are now combined) Breastfeeding and Safe Sleep Breastfeeding/Safe Sleep Notes from 2-10-25  • The hospital has applied for the 1st couple of steps toward being baby friendly. They have applied for a grant to get additional training for staff and are waiting to hear back. They are re-doing the lactation spaces. They are focusing on not separating babies from moms by "attaching bassinets" being employed	

in the rooms. Also applying for Cribs for Kids Gold standard hospital status and are setting up a mock nursery to comply with the requirements. Have gotten a grant for a Haitian Creole navigator. Carolyn added that 1.5 people will be able to fill that role at the Oby/Gyn office. Also, there may soon be some capacity for doulas to serve high risk patients.

- The group discussed the fact that families need to hear about breastfeeding earlier in their pregnancy- it needs to be a community norm.
- The group discussed birthing classes provided by the hospital and serval shared that it would be great if it
  were easier to find the current schedule (social media). Elise shared that she would work on that. Also, the
  group was asked to think about how partnerships can be developed for some of these types of classes.
- Other:
- Is there a way to make a list of all local breastfeeding support?
- Is there a local milk bank?
- Safe Sleep- the new forms document was presented and will be sent out to crib distributors this week.
   New SS information has been identified in Haitian Creole, and this will also be shared out to the group.

Subcommittee #3 (Previously #3, now adjusted per above merge) Fatherhood and Health Equity. Present: Nikki Stefanow, Tom McGrath, Vince Carter Discussion:

Reviewed progress and struggles

#### Progress:

- Dad section on Start Strong site
- Need to include survey on site

#### Struggles:

- Identifying where large number of men gather to increase awareness
- Getting other agencies involved in sharing information for dads
- Not enough surveys to get a good baseline of real needs

#### Ideas:

- Guest speaker at Start Strong to attest to the benefits of dad's involvement during pregnancy & first year of life
- Work on relationships with 3 agencies & 1 church w/men's group to get more surveys and see where we have holes
- o Identify who is doing intake at WIC (Nina), Nursing? (Peyton or Jan), Help Me Grow (Lori Lambert?), STD clinic (Mary Todd?), Rocking Horse, Mercy Medical birthing dept
- Develop microsoft form with link for the website or for others to capture data.
- o Vince will work on

2025 Meeting Schedule:

### March 10 from 3p-4p at Mercy Health Birthing Center (full)

April 14 at FYI (subcommittees)

May 12 at Mercy Health Birthing Center (full)

June 9 at CCCHD (subcommittees)

July 28 at Mercy Health Birthing Center (full)

August 18 at CCCHD (subcommittees)

September 15 at CCCHD (full)

October 20 at DJFS (subcommittees)	
NOV/ DEC on December 1 2:30-4pm at CCCHD (full)	